



City of Lakes Skijoring Loppet Race Rules

1 Race Classes

- 1.1 Class must be based on experience of team (both dog and Skijorer.) An experienced skier should not enter the Advanced class with no Skijoring experience.
- 1.2 Advanced
 - 1.2.1 One or two dogs allowed in Advanced class
 - 1.2.2 Advanced Class Skijorers must be at least 16 years of age.
 - 1.2.3 Advanced class open to race experienced Skijorers competing for prizes (to be announced.)
 - 1.2.4 Advanced Skijorers are expected to be highly skilled, experienced and knowledgeable in race rules and trail etiquette.
- 1.3 Recreational
 - 1.3.1 One or two dogs allowed in Recreational class
 - 1.3.2 Recreational Class Skijorers must be at least 12 years of age.
 - 1.3.3 Recreational class teams must have some Skijoring experience and be able to complete a 4k distance in one half hour.
 - 1.3.4 Recreational class may include Skijorers that could impede your performance.
- 1.4 Novice/Tour
 - 1.4.1 One dog allowed in Novice class
 - 1.4.2 Novice Class Skijorers must be at least 12 years of age.
 - 1.4.3 Novice class teams must be able to complete a 4k distance in 45 minutes.

2 Starting

- 2.1 Classes will be started separately.
- 2.2 Classes may be combined at race officials' discretion.
- 2.3 All classes will be gender mixed.
- 2.4 Race officials may limit the number of dogs with which a participant may race for safety reasons.
- 2.5 Race officials have final say in determining class eligibility.
- 2.6 Team must arrive at the designated start on time or risk being move to a later starting class.
- 2.7 Officials may assign starting position if it is deemed necessary for safety reasons

3 Behavior

- 3.1 Dogs must be treated humanely at all times.
- 3.2 Profanity is strictly prohibited.
- 3.3 Dogs must be controlled and kept from other teams.
- 3.4 Loose dogs are not permitted at any time.
- 3.5 Aggressive dogs will result in disqualification.
- 3.6 Waste must be picked up immediately.
- 3.7 Doping of any kind prohibited for Skijorer or dogs.
- 3.8 Skijorers cannot interfere with or impede another Skijorer's progress on racecourse or in start area.
- 3.9 Skijorers are responsible for ending dog fights immediately.

4 Dog Fitness

- 4.1 All dogs must be sufficiently fit to be able to complete a 5k course without risk of injury.
- 4.2 Dogs must be vaccinated for Rabies and owner must provide proof at registration. Rabies tag is acceptable proof of vaccination.
- 4.3 Any dog that has tendency to be aggressive must be muzzled with a non restrictive muzzle.

5 Equipment

All equipment must be in good working order and safe for Skijorer and dog(s).

- 5.1 Skis/Poles
 - 5.1.1 Nordic skate or classic allowed.
 - 5.1.2 No metal edges permitted.
 - 5.1.3 Poles must have wrist straps and must be used.
 - 5.1.4 Poles must have baskets
- 5.2 Skijor Belt (required)
 - 5.2.1 Must be padded and minimum of three inches wide
 - 5.2.2 Tow-bars not allowed.
- 5.3 Quick Release (required)
 - 5.3.1 Must be capable of releasing under load. Carabiners and bolt snaps are prohibited.
 - 5.3.2 Quick release cannot remain with towline upon release. This type of system can be altered to make it safer. Contact race organizers for information on making this adjustment.
 - 5.3.3 Must be positioned within arm's reach of Skijorer.
- 5.4 Towline
 - 5.4.1 Internal bungee required.
 - 5.4.2 Minimum distance between Skijorer and dog(s) is 7 feet.
 - 5.4.3 Maximum distance between Skijorer and dog(s) is 13 feet, 8 inches.
 - 5.4.4 Measurement assumes full elongation of bungees in line, including skijor belt bungee, if applicable.
 - 5.4.5 Measurement taken from waist of Skijorer to the rear of the dog closest to the Skijorer, excluding tail.
- 5.5 Dog Harness
 - 5.5.1 Pulling style harness is required with padding around neck area.
 - 5.5.2 Under no circumstances can towline be attached to dog's collar or any harness not specifically designed for pulling.
- 5.6 Dog Collar (required for every dog)
 - 5.6.1 Must fit snugly to prevent dog from slipping out.
 - 5.6.2 Collars with plastic quick releases are strongly discouraged.
- 5.7 Necklines
 - 5.7.1 Required if running two dogs and must be attached to the collars of both dogs.
 - 5.7.2 Dogs may not run in single file
- 5.8 Helmets
 - 5.8.1 Helmets are allowed in this event. They are not required.
- 5.9 Pulks,
 - 5.9.1 Pulks or other towing sleds are permitted only in Novice/Touring class or at the back to the Recreational class.

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City of Lakes Skijoring Loppet Race Rules

6 Start Format & Related Rules

- 6.1 This race is expected to be a "Mass Start" format.
- 6.2 Teams will start by class in assigned waves.
- 6.3 30 seconds start interval between each Wave starting (may be altered at race officials discretion.)
- 6.4 Format may be changed at the discretion of race officials. This will be announced as soon as possible.
- 6.5 Skijorers missing their assigned start time must start in the last wave of the Novice group and will not be timed.
- 6.6 Skijorer and team should arrive at start area 30 minutes before official start time.
- 6.7 Skijorer must ensure team is under control at all times or risk qualification.
- 6.8 A limited number of handlers may be available to assist. Skijorers must provide their own handlers if there is any concern about maintaining adequate control in the start area.
- 6.9 Front tips of Skijorer's skis must be positioned behind start line until race official signals start.
- 6.10 No flying starts, Skijorer and team must be at a complete stop before starting.
- 6.11 Race number must be clearly visible to race officials. Failure to wear race number results in disqualification.
- 6.12 Skijorers must yield to the faster team while approaching the main trail where the starting area is reduced to the standard trail width.
- 6.13 Skijorers must at all times be aware of teams nearby and must keep control over their ski pole tip to avoid injuring dogs or Skijorers/

7 Passing (Beginning of race to last kilometer)

- 7.1.1 Passing Skijorer must execute pass only when conditions are safe and clearly shout "trail" before attempting pass.
- 7.1.2 Skijorer being passed should slow and move to right side of trail if possible (teams should not stop).
- 7.1.3 Skijorer being passed must stop poling and hold poles behind, low and away from passing team.
- 7.1.4 Passing Skijorer must exercise extreme caution when polling in close proximity to team being passed.
- 7.1.5 After completion of pass, passed Skijorer must maintain a minimum 40-foot distance behind passing team to avoid distracting passing team's dogs.
- 7.1.6 Passed teams cannot attempt to repass for 1 kilometer or three minutes, whichever occurs first.
- 7.1.7 Any Skijorer whose dog is aggressive towards any other dog must stop and permit the other team to pass. This applies if the aggressive dog is being passed or is doing the passing.

8 Trail Help

- 8.1 No time penalty levied against Skijorers using trail help to resolve tangles or other problems on trail.
- 8.2 Trail help is instructed not to initiate assistance. Skijorer must request help and give trail help clear instructions. Trail help will not intervene in dog fights.
- 8.3 Trail help may help Skijorer back onto trail, but cannot push or pull Skijorer when on trail, except to start team moving.

9 Mall Finish: "Free Passing Zone".

- 9.1.1 The "Mall" area begins after the ramp that comes off the Lake and onto the Mall is designated the "Free Passing Zone". Skijorers can pass at will when conditions are safe in the "Free Passing Zone."
- 9.1.2 All other passing rules apply.
- 9.1.3 Skijorers must exhibit care, good judgment and fairness when passing at all times.
- 9.1.4 The Mall area will have the greatest concentration of spectators. There are also potential obstacles in this area. The Skijorer must exercise exceptional care in this area.

10 Finishing

- 10.1.1 Timing ends when Skijorer ski tips cross the finish line. All dogs must cross finish line in front of Skijorer's ski tip.
- 10.1.2 Skijorers must exit finish area immediately to clear way for subsequent finishing teams.
- 10.1.3 Skijorers must not ask race officials for times (times will be announced when all times have been calculated and verified.)
- 10.1.4 Personal dog handlers are welcome but must stay clear of finishing team traffic.

11 Injured Dog

- 11.1 Skijorer must stay with injured dog until trail help arrives and then immediately escort injured dog back to Vet station.
- 11.2 Trail help will transport remaining dogs back to Skijorer's vehicle.

12 Protest

- 12.1 Protests must be made within 10 minutes of finishing race.
- 12.2 Skijorer must arrange with race officials to meet privately. Under no circumstances will race officials discuss protests in public.
- 12.3 Protesting Skijorer must not discuss complaint with any person who is not a race official.

13 Race Official Authority

- 13.1 Race officials have complete and final authority concerning race rule, finishing and infractions. Competitors who violate the rules or exhibit behavior that detracts from the event will be disqualified from the race at the race official's discretion.
- 13.2 In addition, any rule violations will be reported to the North Star Sled Dog Club, Midwest Skijorers Club and any other governing body for consideration of additional sanctions.
- 13.3 The attending Veterinarian will rule on all dog safety and health issues. Dogs determined unfit for racing must be removed from the team.